

Physical Activity Options for Kids 0-5yrs

Activity	Address	Day/ Time	Cost	Contact Information
Swan Hill Rostered Playgroup (3-4yo)	St Mary's Multipurpose Room, 2 Murlong Street	Tuesday 9.00am to 12.00pm Wednesday 9.00am to 12.00pm Thursday 9.00am to 12.00pm	\$130.00 per child/per term plus \$30.00 deposit to cover Playgroup Vic & Insurance costs	Stacey Lloyd M: 0438 535 266
Move and Groove Activity Time	Swan Hill Library, Campbell Street	Wednesday 10.30am (Parents stay)	Free	Library T: 5036 2480
Lake Boga Playgroup	Lake Boga Pre-School	Friday 9.30am to 11.30am	\$3.00 per family	Kelly M: 0488 114 85
Swan Hill Neighbourhood House Play group	Swan Hill Primary School	(Starts on 13 th Feb) Monday 9.30am to 11.30am (Parents stay)	\$3.00 per session	T: 5032 1549
Stay and Play	Swan Hill Primary School	Wednesday 9.30am to 11:30pm (Parents/carers stay)	Free	Leah M: 0428 119 857 Rebecca M: 0438 332 245
Multicultural Mum's Group and Supported Playgroup	Total Learning Centre, Swan Hill North Primary School	Thursday 12.00pm to 2.30pm Lunch provided	Free	Samia - Mallee Family Care T: 5032 4479
Baby Rhyme Time (0 to 18 months)	Swan Hill Library, Campbell Street	Friday 10.30am to 11.00am	Free	Library T: 5036 2480
Aboriginal Family Services Playgroup at Kunawaa	Kunawaa Playgroup, Nyah Road Swan Hill (Indigenous families)	Friday 10.30am to 1.00pm, lunch is provided (Pick up can be arranged)	Free	T: 5032 2388
Story Time and Craft	Swan Hill Library, Campbell Street	Saturday 10.30am to 11.15am	Free	T: 5036 2480
Toy Library	Swan Hill Library, Campbell Street	Friday 11am to 12pm Saturday 10:00am to 11:30am	Yearly membership fee \$30 for 1 child/ \$35 for 2 or more children	Toy Library Co-ordinator: Kathleen Lawrence T: 03 5032 2366



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Danceforce Studio (3-5 year olds)	Swan Hill Show Society Hall on McCallum Street	Tuesdays and Wednesdays from 10.00am to 10.30am	\$62.00 per term	Joanne Shipsides M: 0408 845 920
Richardson's Dance Studio - Movement to Music (3-5 year olds)	Masonic Hall Beveridge Street, Swan Hill	Tuesdays - 3yr olds: Tuesday 2:00pm to 2:30pm 4yr olds: Tuesday 2:30 – 3:00	\$7 per lesson	M: 0438 504 750 or 0459 783 787
Strike a Pose Dance Studio (3-5 year olds)	Swan Hill Senior Citizens Hall, Curlewis street, Nyah classes at the Nyah Memorial Hall.	Swan Hill: 2-5yrs Monday 9:30am, Little Juniors Monday 10:30	Enquire for fees	Natasha Gerakis natasha@strikeaposedancestudio.com M: 0407 520 263
Swan Hill Leisure Centre Swimming Lessons (6 months and up)	21 Pritchard Street	Monday – Thursday Various classes and session times	Children under 3 yrs - \$10.70 per week Children over 3 - \$12.30 Children for a school term	Swan Hill Leisure Centre T: 5032 5222
Swan Hill Leisure Centre Occasional Childcare	21 Pritchard Street Swan Hill	Monday - Friday 9am -12.00pm	Members \$5.60 per hour/child Non members \$6.90 per hour/child Bookings and snacks required	Swan Hill Leisure Centre T: 5032 5222
"Bringing Up Great Kids" Parenting Groups	To be confirmed	No set dates or times, for details contact Leah Farrow		Leah Farrow M: 0428 119 857 Rebecca: 0438 332 245
Nyah West Playgroup	Nyah West Pre-school, Lloyd Street Nyah West	Tuesday 10:00am-12pm	Free	Nyah West Pre-School T: 5030 2204



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For further information please feel welcome to contact:

Swan Hill Neighbourhood House – 5032 1549

Maternal & Child Health, Curlewis Street, Swan Hill – 5032 1329

Swan Hill Primary School, Gray Street, Swan Hill – 5032 1336

Early Intervention Services – 1300 363 514

Swan Hill District Health – 5033 9337 (Dietetics [fussy eating & child nutrition], Occupational Therapy, Speech Pathology, Physiotherapy)

PRE-SCHOOLS – FREE FOR FAMILIES ON A HEALTH CARE CARD (HCC)

Kunawaa - Nyah Road, Swan Hill – 5032 3600

Lake Boga – Lalbert Road, Lake Boga - 5037 2249

Nyah West - Lloyd Street, Nyah West – 5030 2204

Swan Hill North - Pye Street Swan Hill – 5032 2788

Swan Hill South – Gray Street, Swan Hill – 5032 4333

Woorinen South - McCalman Street, W South- 5037 6741

Tooleybuc- Koraleigh Road- 5030 5589

3 YEAR OLD PRE-KINDER GROUPS

Kunawaa – Friday morning

Woorinen South – Friday morning

Swan Hill North – Thursday afternoon

Nyah West – Wednesday or Friday (on application)

Lake Boga Playgroup – Wednesday

St Mary's Playgroup – Tuesday, Wednesday & Thursday

Tooleybuc – Wednesday



Updated: March 2017



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