

Details

When:

Wednesday 9:30am - 12:45pm

Where:

Neighbourhood House
100 Gray Street, Swan Hill

Who:

Senior women of the community
interested in craft and talking with
other women.

What:

Provides morning tea, craft
activities (or BYO craft) and lunch.

Cost:

\$10 which includes lunch

Transport via taxi or
ADS bus can be arranged



SWAN HILL DISTRICT HEALTH

For session enquiries

Contact: Adult Day Services

Phone: (03) 5033 9359

www.shdh.org.au

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Adult Day Services

Crafty Ladies

Wednesday

9.30am – 12.30pm

Neighbourhood House

Swan Hill



Swan Hill
District Health
my hospital





ADULT DAY SERVICES SWAN HILL

The Adult Day Services (ADS) is a program that provides social and recreational support for senior men and women who enjoy interacting with others in the community.

ADS run a variety of groups that cater for the different needs of the individual members.

Adult Day Services Crafty Ladies is a group for older women with an interest in craft and conversation. The group includes morning tea, craft activities (or BYO), and concludes with lunch.

Our aim is to promote mental health and help maintain independence at home.

This program is supported by funding from the Commonwealth and Victorian Governments under the HACC and CHSP programs.



Our Activity Groups:

- **Mon am – ADS Men's Shed**
(Pioneer Settlement)
- **Tues am – Golden Memories**
(Neighbourhood House)
- **Wed am – Crafty Ladies**
(Neighbourhood House)
- **Wed pm – Italian Men**
(Neighbourhood House)
- **Wed pm – Italian Women**
fortnightly (Catholic Centre)
- **Thurs am – O.P.A.L.S**
(Older People Active Lifestyle)
(Neighbourhood House)
- **Fri am – Sun Shiners**
(Nyah West)

Assessment is required prior to attending the group.
Please phone us to arrange an assessment or to attend a free trial session.