

Referral:

A referral to the occupational therapy service can be made by you, your family, your doctor or other health professional.

How to make a referral

You, family or friend (with your consent) can call us to make a referral. A written referral from health professionals is preferable.

Where and when will I have an appointment?

If you are in hospital or aged care, you will be given an appointment as a priority.

If you are living in the community, you will be given an appointment in your home or at the Community Rehabilitation Centre, depending on your need/priority for the service.

There may be a waitlist to access the occupational therapy service, which is prioritised according to need.

The occupational therapy team at Swan Hill District Health covers the following areas:

- * Swan Hill
- * Piangil
- * Chinkapook
- * Nyah and Nyah West
- * Sea Lake
- * Berriwillock
- * Culgoa
- * Ultima
- * Lalbert
- * Lake Boga

Swan Hill District Health's occupational therapy department does not usually provide services to New South Wales, but can discuss options with you.



Equipment: Sock or stocking donner



Equipment: Bedside commode

This program is supported by funding from the Commonwealth and Victorian Governments.

For more information contact:
Community Rehabilitation Centre
Swan Hill District Health
McCrae Street, Swan Hill, 3585
PH—(03) 5033 9322
8.00am-4.30pm
www.shdh.org.au
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Occupational Therapy Services

Occupational Therapy



What is occupational therapy?

Occupational therapy helps people with health needs to safely participate in their everyday activities. It includes tasks that you have to do (such as having a shower) or want to do (such as leisure activities).

Occupational therapists assist you to address your difficulties through modification to your home, providing you with equipment for your health need (such as shower stools or electric lift and recliner chairs) and educating you on saving energy or managing stress.

You may work with an occupational therapist in hospital, at home, in the community or at school. The location of your therapy session will depend on your medical conditions and your goals.

Occupational Therapists work with individuals from all age groups.



Equipment: Electric Lift Chair

Occupational therapy at Swan Hill District Health:

Occupational Therapy at Swan Hill District Health offers services to people:

- * In hospital.
- * Recovering from a health event at the Community Rehabilitation Centre (CRC).
- * In Transition Care Program, also known as TCP.
- * In aged care (Extended Care Unit and Jacaranda Lodge).
- * Living in the community.
- * Who require hand therapy following a hand injury or operation.
- * Children with delays in development and behaviour.

Cost:

There is a small fee for OT services, as advised by the Victorian Department of Health fees policy. Your occupational therapist will discuss this further with you.

Additional charges apply for the hiring or purchasing of equipment recommended by an Occupational Therapist.



Equipment: Portable ramps

Occupational therapy service provides:

Occupational Therapy services provide the following assistance, depending on your needs and goals.

- * Individual therapy to improve difficulties with tasks such as showering, toileting, dressing, eating, community tasks and general home duties.
- * Home assessments to address safety and access.
- * Prescription of health care equipment, such as wheelchairs or bathroom aids.
- * Personal Alarm information and assessment.
- * Rehabilitation for the hand and upper limb.
- * Advice on pressure injury risk, prevention and management.
- * Education on energy conservation and stress management.
- * Children's services for developmental delays and/or sensory processing information.
- * Assessment of cognition and strategies to manage memory loss.
- * Assistance with discharge planning from the acute ward and Transition Care Program.
- * Assistance with accessing or applying to funding for health care equipment and home modifications (conditions apply to accessing funding).