

## Physiotherapy

Physiotherapists can help babies or children who:

- Have a “flat spot” associated with a preference to turn the head to one side
- Have ankle movement issues (sometimes present from birth)
- Have “Clicky hips”
- Prefer to walk on their tip toes
- May be delayed in reaching milestones ie: rolling, crawling, sitting, standing, walking etc
- Seem to be clumsy or un-coordinated
- May have had a broken bone and need rehabilitation
- Have painful joints or muscles

This service is free for Children

To make an appointment phone 5033 9390



## Better Start and HCWA services

For children eligible for funding through HCWA or Better Start, SHDH offers access to therapy sessions for the following Allied Health disciplines:

- Speech Pathology
- Physiotherapy
- Occupational Therapy

These therapy sessions are funded through the child’s HCWA or Better Start Funding Package.

**Fees:** Session fees are dependent on the type of session provided. Your clinician will provide you with further information about the fees for this service.

***These services are supported by funding from the Commonwealth and Victorian***

***Governments.***

**For more information or to refer contact:**

**Allied Health** -front entry of hospital  
Phone: 5033 9390 Fax: 5033 9528

**Community Rehabilitation Centre** -  
Corner McCrae & Splatt St  
Phone:5033 9321 Fax: 5033 9320

Swan Hill District Health, Swan Hill, 3585

[www.shdh.org.au](http://www.shdh.org.au)

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# Children's Health Services



**Physiotherapy**

**Dietetics & Health Promotion**

**Speech Pathology**

**Occupational Therapy**

**Podiatry**



**Swan Hill  
District Health**  
*my hospital*

## Occupational Therapy

Occupational Therapists can help children who:

- Have difficulty with hand skills e.g. tying laces, holding toys or objects, doing up buttons and zips
- Have poor handwriting, reversal of letters, unable to write
- Have poor hand/eye coordination
- Have difficulty understanding visual information
- Have aggressive or impulsive behaviours or difficulty controlling emotions
- Require adaptive equipment e.g. Wheelchair, seating

There is a waiting time for therapy

This service is free for children.

*To make an appointment phone 5033 9322*



## Dietetics & Health Promotion

Dietitians can help children regarding:

- Poor growth
- Healthy eating
- Fussy/problem eating behaviours
- Gastro-intestinal problems (constipation, reflux)
- Breastfeeding/bottle feeding issues
- Weight management
- Condition specific diets (including diabetes, coeliac disease)
- Food allergies or intolerances

Our Health Promotion team offers community based programs for children and their families, focusing on oral health, healthy eating, physical activity and cooking skills.

*To make an appointment phone 5033 9337*



## Speech Pathology

Speech Pathologists can help children who:

- Are hard to understand
- Have difficulty understanding what you say
- Have difficulty with feeding
- Have difficulty talking in sentences
- Have voice problems
- Stutter

This service is free for children under school age who are not already accessing other early interventions services.

*To make an appointment phone 5033 9390*

## Podiatry

Podiatrists can help children with:

- Pains in the feet or legs
- Warts or Verruca
- Ingrowing toenails
- Intoeing or a "Pigeon Toed" walking pattern
- Walking problems
- Footwear advice

*To make an appointment phone 5033 9390*

