

Details

When:

Wednesday 9:30am - 12:30pm

Where:

Neighbourhood House
98-100 Gray Street, Swan Hill

Who:

For all senior women of
the community interested in craft
and talking with other women.

What:

Provides morning tea, craft
activities (or BYO craft) and lunch.

Cost:

My Aged Care—\$10
Home Care Package— from \$55
Transport can be arranged on
request



SWAN HILL DISTRICT HEALTH

For session enquiries

Contact: Adult Day Services

Phone: (03) 5033 9359

www.shdh.org.au

Publication Date: 01/10/2019



Adult Day Services Crafty Ladies

Wednesday

9.30am – 12.30pm

Neighbourhood House,
Swan Hill





ADULT DAY SERVICES SWAN HILL

The Adult Day Services (ADS) is a program that is run to provide social and recreational support for senior men and women who want to interact and connect with others in the community.

ADS run a variety of groups that cater for the differing needs of their individual members.

Adult Day Services **Crafty Ladies** is a group for older women with an interest in craft and conversation. The group includes morning tea, craft activities (or BYO), ending with lunch. Our aim is to promote mental health and help maintain independence at home.



This program is supported by funding from the Commonwealth and Victorian Governments under the HACC and CHSP programs and Home Care Packages.

Our Activity Groups:

- Monday– ADS Men’s Shed
- Tuesday– Golden Memories
- Wed am – Crafty Ladies
- Wed pm – Italian Men
- Wed pm – Italian Women (fortnightly)
- Thursday – O.P.A.L.S (Older People Active Lifestyle)
- Friday - Brainstormers

Come for a **free trial attendance** or ask us about a referral through My Aged Care.