

## Details

### When:

Wednesdays 1:45pm – 3:45pm

### Where:

Neighbourhood House  
98-100 Gray Street, Swan Hill

### Who:

Italian speaking senior men  
throughout the community

### What:

Provides afternoon tea, fun  
activities and stimulating  
conversations.

### Cost:

\$2 which includes afternoon tea

Transport via taxi can  
be arranged



SWAN HILL DISTRICT HEALTH

For session enquiries

Contact: Adult Day Services

Phone: (03) 5033 9359

[www.shdh.org.au](http://www.shdh.org.au)

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**Adult Day Services**  
**Italian Men's Group**



**Wednesday**  
**1:45pm – 3:45pm**  
**Neighbourhood House,**  
**Swan Hill**



## ADULT DAY SERVICES SWAN HILL

The Adult Day Services (ADS) is a program that is run to provide social and recreational support to senior men and women who enjoy interacting with others.

ADS run a variety of groups that cater for the different needs of the individual members.



### Adult Day Services Italian Men's Group

This is a group for Italian speaking men interested in fun activities and conversation. The groups activities include cards, afternoon tea and conversation. Our aim is to promote mental health and help maintain independence at home.

This program is supported by funding from the Bendigo Health Respite Care Scheme.

### Our Activity Groups:

- Monday- Men's Shed
- Tuesday- Golden Memories
- Wed am - Crafty Ladies
- Wed pm - Italian Men
- Wed pm - Italian Women (fortnightly)
- Thursday - O.P.A.L.S (Older People Active Lifestyle)
- Friday - Brainstormers

Come for a free trial attendance .