

Details

When:

Fortnightly on Wednesdays
2:00pm – 4:00pm

Where:

Neighbourhood House
98-100 Gray Street, Swan Hill

Who:

Italian speaking women interested
in fun activities and conversation.

What:

Provides fun activities, afternoon
tea and stimulating conversation.

Cost:

\$2 which includes afternoon tea

Transport via taxi can
be arranged



SWAN HILL DISTRICT HEALTH

For session enquiries

Contact: Adult Day Services

Phone: (03) 5033 9359

www.shdh.org.au

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Adult Day Services
Italian Women's Group



Wednesday fortnightly
2pm – 4pm
Neighbourhood House
Swan Hill



ADULT DAY SERVICES SWAN HILL

The Adult Day Services (ADS) is a program that is run to provide social and recreational support for senior men and women who enjoy interacting with others.

ADS run a variety of groups that cater for the different needs of their individual members.



Adult Day Services

Italian Women's Group

This is a group for Italian speaking women interested in fun activities and conversation.

Afternoon tea is provided.

Our aim is to promote mental health and help maintain independence at home.



This program is supported by funding from the Commonwealth and Victorian Governments under the Bendigo Health Respite Care Scheme.

Our Activity Groups:

- Monday– ADS Men's Shed
- Tuesday– Golden Memories
- Wed am – Crafty Ladies
- Wed pm – Italian Men
- Wed pm – Italian Women (fortnightly)
- Thursday – O.P.A.L.S (Older People Active Lifestyle)
- Friday - Brainstormers

Assessment is required prior to attending group, please phone us to arrange an assessment or come for a **free trial attendance.**