

Details

When:

Monday 10am – 2pm

Where:

Neighbourhood House
98–100 Gray Street, Swan Hill

Who:

Open to all men in the community who like to do woodwork, painting or restoration work.

What:

Provides morning tea, supervised work on restorative or new woodwork projects, lunch and stimulating conversation.

Cost:

My Aged Care—\$10
Home Care Package— from \$55

Transport can be arranged on request



SWAN HILL DISTRICT HEALTH

For session enquiries

Contact: Adult Day Services

Phone: (03) 5033 9359

www.shdh.org.au

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Adult Day Services
Men's Shed



Monday
10am – 2pm
Neighbourhood House,
Swan Hill





ADULT DAY SERVICES SWAN HILL

The Adult Day Services (ADS) is a program that is run to provide social and recreational support senior men and women who want to interact with others in the community.

ADS run a variety of groups that cater for the differing needs of their individual members.

Adult Day Services - Men's Shed is a space for senior men to do woodwork and painting on new or restorative woodwork projects with supervision. This program promotes personal wellbeing and helps maintain independence at home. Morning tea and lunch is provided.



This program is supported by funding from the Commonwealth and Victorian Governments under the HACC and CHSP programs and Home Care Packages.

Our Activity Groups:

- Monday- ADS Men's Shed
- Tuesday- Golden Memories
- Wed am - Crafty Ladies
- Wed pm - Italian Men
- Wed pm - Italian Women (fortnightly)
- Thursday - O.P.A.L.S (Older People Active Lifestyle)
- Friday - Brainstormers

Come for a **free trial attendance** or ask us about a referral through **My Aged Care.**