

Help lines

Swan Hill District Health Counselling Service
(03) 5033 9880

Australian Community Support Organisation
(ACSO) 1300 022 760

DirectLine 1800 888 236

EMERGENCY SERVICES 000

Life Line 13 11 14

Suicide Helpline 1300 651 251

Mental Health Crisis Assessment
1300 363 788

Family Drug Support 1300 660 068

Drug Information 1300 858 485

Family Violence 1300 368 186

FOR MORE INFORMATION CONTACT:

Department

Swan Hill District Health Counselling Service

Address

13 Pritchard Street , Swan Hill

Phone: (03) 5033 9880

Fax: (03) 50339889

Web: www.shdh.org.au



Swan Hill District Health
Counselling Service
13 Pritchard Street
Swan Hill
Phone 5033 9880



Pritchard Street Services

Our confidential services

include:

- Relationship counselling
- Grief and loss counselling
- Counselling for stress and anxiety
- Counselling for depression mild/moderate
- Psychological First Aid for Trauma Management
- Smoking cessation
- Family violence support
- NSP - needle exchange
- Alcohol and other drug counselling
- MATOD (Medication Assisted Treatment for Opioid Dependence)

We can:

- Facilitate access to a Mental Health Treatment Plan.
- Offer Clinical support within a team approach.
- Offer Care Co-ordination for complex cases.
- Collaboration with GP, other mental health services and agencies.
- Offer face to face, phone and telehealth options.
- Offer an interpreter service

Education groups

- Standard Mental Health First Aid (MHFA)
- Youth MHFA
- Older Persons MHFA
- ASIST (Applied Suicide Intervention Skills Training).

Service criteria

- Free service
- Self referral
- GP / mental health nurse referrals
- ACSO referrals

Various funding streams including:

- Murray Primary Health Network Psychological Therapy Services (PTS) and Clinical Care Coordination (CCC)
- National Disability Insurance Scheme (NDIS)
- Medicare Benefits Schedule (MBS)

Our staff include:

- Administration officers
- Counsellors
- Mental health nurse
- Nurse Practitioner (AOD)