

Our Groups

Monday

Men's Shed—9am-1pm

Tuesday

Art Group—10am-2pm

Forget Me Nots—11.30am-3pm

Wednesday

Crafties—9am-1pm

Bingo Italiano / Carte Italiane

1.30-4pm (alternating fortnightly)

Thursday

OPALS— 10am—2pm

Friday

Brainstormers—11.30am—3pm

Come for a **free trial attendance** or

ask us about a referral through

My Aged Care.

Cost:

Varies depending on referral and funding eligibility.

Home Care Package: from \$18.50 p/hr +GST

National Disability Insurance Scheme: from \$20.68 p/hr

Commonwealth Home Support Program: no hourly charge

Lunch \$12 (for two-course meal)

FOR MORE INFORMATION CONTACT:

Department | Social Support Groups

Address: 98-100 Gray St, Swan Hill

Phone: (03) 5033 9359

Email: socialsupport@shdh.org.au

Web: www.shdh.org.au



Social Support Groups

Crafties

Wednesday's 9am-1pm

Neighbourhood House, Swan Hill

What We Offer

Crafties is a group for seniors or people with a disability, who have an interest in craft and conversation.

Fun activities, games and mental challenges, lots of laughter and occasional outings are our specialty.

Morning tea and a two-course lunch is provided.

The program aims to promote personal wellbeing and help maintain independence at home.

What Our Members Say

“All the staff cannot do enough for me. I get smiles as I walk in the door“

“I am enjoying it all. I find it relaxing and I’m learning so much as well”

“There is no section of the day that I don’t enjoy. It all flows as one”



When:

Wednesday 9am-1pm

Where:

Neighbourhood House,
98-100 Gray St, Swan Hill

Who:

Seniors or people with a disability in the community who have an interest in craft and conversation.

What:

Supervised group craft activities (or BYO) with morning tea, lunch and stimulating conversation.

