

Our Groups

Monday

Men's Shed—9am-1pm

Tuesday

Art Group—10am-2pm

Forget Me Nots—11.30am-3pm

Wednesday

Crafties—9am-1pm

Bingo Italiano / Carte Italiane

1.30-4pm (alternating fortnightly)

Thursday

OPALS— 10am—2pm

Friday

Brainstormers—11.30am—3pm

Come for a **free trial attendance** or
ask us about a referral through
My Aged Care.

Cost:

Varies depending on referral and
funding eligibility.

Home Care Package: from \$18.50
p/hr +GST

National Disability Insurance
Scheme: from \$20.68 p/hr

Commonwealth Home Support
Program: no hourly charge

Lunch \$12 (for two-course meal)

FOR MORE INFORMATION CONTACT:

Department | Social Support Groups

Address: 98-100 Gray St, Swan Hill

Phone: (03) 5033 9359

Email: socialsupport@shdh.org.au

Web: www.shdh.org.au



Social Support Groups

Neighbourhood House, Swan Hill

What We Offer

Social Support Groups are a service that provides its members with recreational and social support. Members enjoy a variety of activities and puzzles tailored to suit their interests and hobbies, and allows them to connect with others in the community.

We celebrate fun activities, special theme days, music and outings, which encourage social interactions and fosters friendships.



What Our Members Say

"I especially enjoy the sense of community at Social Support"

"It's about getting away from everything else"

"All the staff cannot do enough for me. I get smiles as I walk in the door"

"It's a friendly place"

"It's a chance for me to explore ideas that had been forgotten about"

"I feel lost if I miss the group"

"It's a way for me to keep in touch with different parts of the community"

Details

When:

We have various groups available Monday to Friday

Where:

Neighbourhood House
98-100 Gray St, Swan Hill

Who:

Seniors and people living with a disability who want to interact with others in the community.

