

Physical Activity Options for Children 0-5 years

A local guide for Swan Hill and District

ACTIVITY	ADDRESS	DAY/TIME	COST	CONTACT INFORMATION
LAKE BOGA PLAYGROUP	Lake Boga Pre-School, 15 Lalbert Road Lake Boga	Friday 9-11am	Gold coin donation (Playgroup Vic membership required [\$25-\$40])	April Phone: 0408 171 794 Playgroup Vic – https://www.playgroup.org.au/become-a-member/
SWAN HILL BABY SMALTALK PLAYGROUP	Maternal Child Health Services, 154 Curlewis St Swan Hill	Monday 1:30-3pm (during school terms)	Free (Bookings essential)	Courtney Tepper Phone: 0418 157 923 or 5032 4479
SHNPS SUPPORTED PLAYGROUP	118 Chapman St, Swan Hill	Tuesday Session 1: 9-11am Session 2: 1:30-3pm	Free (Bookings essential)	Courtney Tepper Phone: 0418 157 923 or 5032 4479
SWAN HILL SOUTH PLAYGROUP	123 Gray St, Swan Hill	Tuesday 9-11am	Free (Bookings essential)	Courtney Tepper Phone: 0418 157 923 or 5032 4479
NYAH WEST CHILDRENS CENTRE PLAYGROUP	31 Lloyd St, Nyah West	Tuesday 9-11am	Free (Bookings essential)	Courtney Tepper Phone: 0418 157 923 or 5032 4479
WOORINEN DISTRICT PLAYGROUP	49 Palmer St, Woorinen south	Thursday 9:15-10:45am	Free (Bookings essential)	Courtney Tepper Phone: 0418 157 923 or 5032 4479
MANANGATANG PLAYGROUP	Robinvale – Sea Lake Road	Thursday 11:45-1:45pm	Free (Bookings essential)	Courtney Tepper Phone: 0418 157 923 or 5032 4479
DANCE FORCE STUDIO (6 MTHS-5 YEARS)	10 Jennings Road, Swan Hill	<u>Baby ballet tots</u> (6mths-18mths) Friday 9:30-10am <u>Baby ballet tinnies</u> (18mths-3yrs) Friday 10:15-10:45am Saturday 9:30-10am & 10:15-10:45am <u>Baby ballet movers</u> (3-5yrs) Monday 10:15-10:45am Friday 11-11:30am Saturday 11-11:30am <u>Kinder music class</u> (3-5yrs) Tuesday 10-10:30am <u>Pre-school accordance</u> (3-5yrs) Monday 2-2:45pm	\$120 per school term, or \$12 per class	Joanne Shipline Phone: 0408 845 920



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RICHARDSONS DANCE STUDIO	The Masonic Hall, 118 Beveridge St, Swan Hill	<u>Movement to Music</u> (3-5yrs) Tuesday 2-2:30pm OR Thursday 10-10:30am	\$120 per school term	Kaitie Phone: 0459 783 787 www.richardsondancestudio.com
SWAN HILL LEISURE CENTRE SWIMMING LESSONS (6 MTHS AND UP)	21 Pritchard Street Swan Hill	Various classes and times, contact facility	Child/concession - \$4.40 Infant (under 4) - \$2.00 Learn to swim – ranges from \$10.70 to \$13.70 Private lessons - \$32.40	Phone: 03 5032 5222 Website: https://swanhillcc.com.au/
SWAN HILL LEISURE CENTRE OCCASIONAL CHILDCARE	21 Pritchard Street Swan Hill	Monday to Friday 09:00 am - 12:00pm. Bookings are essential.	One hour – Member \$6.20 Non-Member \$7.50 Two hours – Member \$12.40 Non-Member \$15 Three hours – Member \$18.60 Non-member \$22.50	Phone: 03 5032 5222 Website: https://swanhillcc.com.au/
MOVE AND GROVE ACTIVITY TIME (18 MTHS-5 YEARS)	Swan Hill Regional Library, Campbell St	Wednesday 10:30-11:15am	Free	Library Phone: 5036 2480
BABY RHYME TIME (0-18 MTHS)	Swan Hill Regional Library, Campbell St	Friday 10:30-11am	Free	Library Phone: 5036 2480
SWAN HILL GYMNASTICS CLUB	19 Webster Drive Swan Hill, Vic 3585	Various classes and times, contact club	Contact club	Email: committee@swanhillgymnastics.org Website: https://www.swanhillgymnastics.org/
AUSSIE HOOPS BASKETBALL (5 YEARS OLD)	Swan Hill basketball stadium	Wednesday (boys) – 5-5:45pm Thursdays (girls) – 5-5:45pm	\$100 for new participants (includes singlet, basketball and drink bottle) \$80 for returning participants	Tess Denham Phone: 03 5033 1402 Email: shba@bigpond.net.au



SWAN HILL RIVERSIDE PARK	11 Monash Drive, Swan Hill	Open 24 hours to the Public	Free	N/A
GEORGE LAY PARK	144 Chapman St, Swan Hill	Open 24 hours to the Public	Free	N/A
BIG4 SWAN HILL SPLASH PARK/JUMPING PILLOW	186 Murray Valley Hwy, Swan Hill VIC 3585	Contact facility	Contact facility	Bookings Phone: 5032 4372 Website: https://big4swanhill.com.au/
SWAN HILL TENNIS COURTS AND LESSONS/HOT SHOTS	Yana Street Swan Hill, Victoria, Australia 3585	Courts open all day Lessons will be on at various days/times, contact Mick	Free use of courts Contact Mick for lesson costs	Mick Mullen Phone: 0409 651 556 Email: m.mullen@bigpond.net.au
MALLEE PHYSIO SWIMMING LESSONS	360 Beveridge St, Swan Hill VIC 3585	Monday 9-11am 3:30-5pm Thursday 3:30-6pm Friday 9-10:30am Classes are 30mins duration, running during school terms	Contact facility	Mallee Physio Phone: 5032 5888 Lesson instructor: Helen Tripodi
SWAN HILL OUTDOOR POOL VICSWIM SUMMER KIDZ SWIMMING LESSONS	Monash Drive, Swan Hill VIC, 3585	5 day intensive summer program teaching swimming and water safety to children from 4 years of age. Each program consists of 5 x 30 minute lessons starting at the same time each day throughout the week.	\$30 per week (additional entry fees may apply at some pools) See facilities website for entry fees	Phone: 5032 2264 Website: https://swanhillpool.com.au/

SHINE BRIGHT KINDERGARTENS	ADDRESS	DAY/TIME	COST	CONTACT INFORMATION
SHINE BRIGHT KUNAWAA KINDERGARTEN	123-163 Gray Street (143 Gray Street) Swan Hill	Monday 8:30-4pm Tuesday 8:30-4pm (5:45pm Extended care) Wednesday 8:30-4pm Thursday 8:30-4pm (5:45pm Extended care) Friday 3yr old – 8:45-11:45am	No cost for four year old kindergarten, but small fee for the three year old program (3hr: \$60 5hr: \$100, for entire year)	Phone: 03 5032 3600 Or 03 5443 1229 Website: https://www.shinebright.org.au/ Email: info@shinebright.org.au
SHINE BRIGHT NYAH WEST KINDERGARTEN	Lloyd Street, Nyah West VIC 3595	Tuesday-Thursday 8:45-1:45pm	No cost for four year old kindergarten, but small fee for the three year old program (3hr: \$60 5hr: \$100, for entire year)	Phone: 03 5030 2204 Or 03 5443 1229 Website: https://www.shinebright.org.au/ Email: info@shinebright.org.au



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SHINE BRIGHT SHAMROCK PARK KINDERGARTEN	2 Murlong Street, Swan Hill VIC 3585 (co-located at St Mary's Primary School)	Tuesday 8:30-4pm Wednesday 3yr old – 9-12pm Thursday 8:30-4pm	No cost for four year old kindergarten, but small fee for the three year old program (3hr: \$60 5hr: \$100, for entire year)	Phone: 03 4016 2008 Or 03 5443 1229 Website: https://www.shinebright.org.au/ Email: info@shinebright.org.au
SHINE BRIGHT SWAN HILL NORTH KINDERGARTEN	64 Pye Street, Swan Hill VIC 3585	Monday and Wednesday 8:30-4pm	No cost for four year old kindergarten, but small fee for the three year old program (3hr: \$60 5hr: \$100, for entire year)	Phone: 03 5032 2788 Or 03 5443 1229 Website: https://www.shinebright.org.au/ Email: info@shinebright.org.au
SHINE BRIGHT SWAN HILL SOUTH KINDERGARTEN	5 Willick Street, Swan Hill VIC 3585	Monday 8:45-1:45pm Tuesday 8:45-1:45pm Wednesday 8:30-4pm Thursday 8:45-1:45 Friday 8:30-4pm	No cost for four year old kindergarten, but small fee for the three year old program (3hr: \$60 5hr: \$100, for entire year)	Phone: 03 5032 4333 Or 03 5443 1229 Website: https://www.shinebright.org.au/ Email: info@shinebright.org.au
SHINE BRIGHT WOORINEN SOUTH KINDERGARTEN	11 McCalman Street, Woorinen South VIC 3588	Monday 9-2pm Tuesday 9-2pm Wednesday 9-2pm Friday 3yr old 9-2pm	No cost for four year old kindergarten, but small fee for the three year old program (3hr: \$60 5hr: \$100, for entire year)	Phone: 03 5037 6741 Or 03 5443 1229 Website: https://www.shinebright.org.au/ Email: info@shinebright.org.au



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