

SHDH Vision:

We will provide appropriate services in the right setting by dedicated people with and for our community

What is Palliative Care?

Palliative care is specialised care and support provided for someone living with a life threatening or life limiting illness. This means if you have a diagnosis where cure may not be possible or you think you may not live as long as you had intended.

Importantly, palliative care also involves care and support for family and caregivers.

The goal of palliative care is to improve quality of life for clients, their families and caregivers by providing care that addresses the many needs clients, families and caregivers have: physical (including treatment of pain and other symptoms), emotional, social, cultural and spiritual.

Palliative care aims to help the client live as well as possible.

Palliative care offers support to help family and caregivers manage during the client's illness and in bereavement.

What Is Specialist Palliative Care?

A small number of people experience severe or complex problems as their condition advances.

These people may be referred to Swan Hill Community Palliative Care where the team of health professionals will work together to meet their needs, liaising with appropriate specialists.

Treatment aimed at curing illness can often be continued whilst on palliative care.

The focus of care is maintaining quality of life and meeting the needs of the person, their family and carers.

Service Provision

Free support to all people living with a life threatening or life limiting illness
Symptom management
Psychological/ social support
Spiritual/ Pastoral/ Volunteer Support
Access to counseling/ allied health
Liaison with doctors/ health service providers
Equipment loan
12 month bereavement support program

Referral to Palliative Care

Referrals are welcome from clients directly, from family members or from health service providers.

If the referral is coming from family, palliative care will liaise with the client and the client's GP to ensure the appropriate provision of care is provided.

The client requiring care must be aware of and consent to the referral.

Referring health service agencies are requested to refer on the Service Coordination Tool [SCT] available on request from the Palliative Care Administration [see contact details] or via electronic referral at www.connectingcare.com.au

Cost

This program is a free community service.

Other service providers that may be required during palliative care may have fees according to guidelines provided by state and federal governments.

Contact Details

Office Hours are 8:30am-5pm
Monday to Friday

Phone: 03 5033 9236
03 5033 9259

Mobile: 0429 951 877

Fax: 03 5033 9398

Email:
palliative.care@shdh.org.au

Mailing address:
P. O. Box 483
Swan Hill 3585

Office site:
44 High Street
Swan Hill 3585

Swan Hill Community Palliative Care Service

Some information within this brochure is based on 'Palliative Care Australia: National Community Education Initiative: What is Palliative Care?'

<http://www.palliativecare.org.au>

Available to people residing in:

*Rural City of Swan Hill- excluding
Robinvale*

Buloke Shire

Gannawarra Shire- excluding Cohuna

For more information contact:

Swan Hill Community Palliative Care Service
Swan Hill District Health
Swan Hill, 3585
P: 03 5033 9236
8.30am-5.00pm
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