

SWAN HILL DISTRICT HEALTH –JACARANDA LODGE

MEAL MENU

WEEK ONE

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Corned Silverside & White Sauce	Spaghetti bolognaise	Roast Lamb & Gravy	BBQ	Crumbed Fish with Lemon	Roast pork	Beef Rissoles & Gravy
Sweets	Fruit & Ice Cream	Pavalova & Cream	Coffee Milk Jelly	Apple Sponge & Cream	Wine Trifle	Chocolate Panacotta	Strawberry Mousse
	TEA	TEA	TEA	TEA	TEA	TEA	TEA
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Egg & bacon pie	Cold Meat & Veggies	Sandwiches	Chicken Casserole	Ham steak and Pineapple	Veggie Lasagne	Scrambled Egg on Toast
Sweets	Apple Sour cream	Lemon Delicious	Fruit	Bread & Butter	Ice Cream	Jellied Fruit	Fruit & Custard

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MEAL MENU

WEEK TWO

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Roast Lamb	Resident's Choice	Shepherds Pie	Beef Stew	Steamed or Crumbed Fish	Quiche	Chicken Snitzel
Sweets	Fruit Salad and Ice Cream	Resident's Choice	Carrot Cake	Mocha Milk Jelly	Panacotta	Chocolate Mousse	Cheese Cake
	TEA	TEA	TEA	TEA	TEA	TEA	TEA
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Chicken Supreme	Sausage Rolls	Toasted Sandwiches	Lemon Chicken	Veggie Burgers	Lasagne	Sandwiches
Sweets	Peach Crumble & Custard	Jellied Fruit & Cream	Apple Crumble & Custard	Banana Cake	Ice Cream	Apple Danish	Fruit & Custard

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MEAL MENU

WEEK THREE

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Irish Stew	Sweet & sour Chicken	Corned Silverside	Braised Sausages & Onion Gravy	Pie, Chips, Peas & Gravy	Cold Meat & Vegetable's	Roast Pocket Steak
Sweets	Peaches and Ice Cream	Steamed Orange Pudding	Jelly & Fruit	Apple Sponge & Custard	Berry Milk Jelly	Citrus Mousse & Orange Syrup	Fruit Salad & Cream
	TEA	TEA	TEA	TEA	TEA	TEA	TEA
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Tomato, Bacon & Toast	Fish Strips, Chips & Vegetable's	Sandwiches	Pasties	Roast Chicken & Vegetable's	Spaghetti Bolognese	Spaghetti or Baked Beans on Toast
Sweets	Apple & Date Crumble & Custard	Fruit & Ice Cream	Lemon Delicious & Ice Cream	Pavlova	Sticky Date Pudding	Banana Custard	Cheese Cake

SWAN HILL DISTRICT HEALTH –JACARANDA LODGE

MEAL MENU

WEEK FOUR

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Lasagne	Lamb Casserole	Beef Stew	Zucchini Slice	Crumbed Fish, Chips & Vegetable's	Chop Suey	Roast Chicken & Gravy
Sweets	Fruit & Yoghurt	Banana Custard	Pavlova	Chocolate Milk Jelly	Fruit Custard	Banana Cake	Panacotta
	TEA	TEA	TEA	TEA	TEA	TEA	TEA
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Crumbed Sausages & Gravy	Porcupine Balls in Tomato Sauce	Cold Meat & Vegetable's	Chicken Casserole	Toasted Sandwiches	Vegetable Roll	Spaghetti or Baked Beans on Toast
Sweets	Mango Mousse	Chocolate Puff	Wine Trifle	Dumplings & Custard	Ice Cream	Apple Danish	Cheese Cake