

Our Groups

Monday

Men's Shed—9am-1pm

Tuesday

Art Group—10am-2pm

Forget Me Nots—11.30am-3pm

Wednesday

Crafties—9am-1pm

Bingo Italiano / Carte Italiane

1.30-4pm (alternating fortnightly)

Thursday

OPALS— 10am—2pm

Friday

Brainstormers—11.30am—3pm

Come for a **free trial attendance** or

ask us about a referral through

My Aged Care.

Cost:

Varies depending on referral and funding eligibility.

Home Care Package: from \$18.50 p/hr +GST

National Disability Insurance Scheme: from \$20.68 p/hr

Commonwealth Home Support Program: no hourly charge

Lunch \$12 (for two-course meal)

FOR MORE INFORMATION CONTACT:

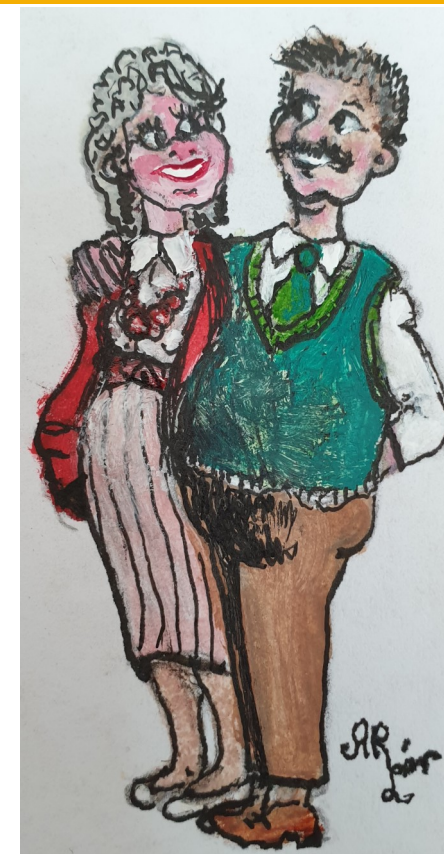
Department | Social Support Groups

Address: 98-100 Gray St, Swan Hill

Phone: (03) 5033 9359

Email: socialsupport@shdh.org.au

Web: www.shdh.org.au



Social Support Groups
Art Group

Tuesday's 10am-2pm

Neighbourhood House, Swan Hill

What We Offer

Art Group is a creative painting group for seniors and people with a disability who are interested expressing themselves and working on their personal painting skill. No experience necessary, only willingness to engage and learn a new skill.

Morning tea and a two-course lunch is provided.

The program aims to promote personal wellbeing and help maintain independence at home.



What Our Members Say

“I especially enjoy the sense of community at Social Support”

“It’s a happy day, relaxing and making new friends”

“I enjoy socialising and keeping my mind active”

“I enjoy having fun with everyone and meeting others”



Details

When:

Tuesday 10am-2pm

Where:

Neighbourhood House
98-100 Gray St, Swan Hill

Who:

Seniors who are looking to participate in a creative painting class and build meaningful relationships with others.

What:

Fun painting group with morning tea, lunch and stimulating conversation.