



Swan Hill
District Health

Connected Care. Best Experience.



Inclusive

Compassionate

Progressive

Accountable

Exercise Physiologist- Grade 1 or Grade 2 Full Time

An exciting opportunity exists for an enthusiastic Grade 1 or 2 Exercise Physiologist to join a progressive team in a regional health service, with the ability to progress and develop current services.

We offer incredible variety in our scope of practice, working across a wide range of areas including Acute and Sub-Acute wards, Allied Health Outpatients facilities and Community Rehabilitation Centre. Our Exercise Physiologists facilitate a number of individual and group services including Cardiac, Pulmonary, Diabetes and Oncology Rehabilitation programs, as well as Specialist Persistent Pain and Falls and Balance clinics.

We have fantastic facilities, including a modern purpose-built Community Rehabilitation Centre where we deliver the majority of our individual and group programs, as well as a brand new Sub-Acute Ward with a designated gym space.

Given the incredible range of services provided, it is the perfect place to gain knowledge and experience. We have a progressive supervision structure to support new graduates and experienced staff, with support for professional development and opportunities for career progression.

If you are someone who likes variety and doesn't want to be bored, then this is the perfect role for you. Come join our growing Physiotherapy and Exercise Physiology team and take up an enticing and unique opportunity to work in the public health sector. New graduate applications are welcomed.

Key Selection Criteria:

- Hold a Bachelor of Exercise and Sport Science or Masters of Clinical Exercise Physiology or equivalent from a recognised university or college institution.
- Current Exercise and Sport Science Australia (ESSA) accreditation.
- Strong interpersonal and written communication and organisational skills, including the ability to ensure client comfort and confidentiality.
- Demonstrate clinical skills in Exercise Physiology practice, including assessment and provision of appropriate exercise programs to people with various health conditions, inpatient and community based.
- Ability to work unsupervised and show leadership within a multi-disciplinary team with a variety of community members.
- Experience and confidence in a group environment, attentive and proactive.
- Ability to support, develop and supervise Exercise Physiology students.
- To be flexible and adaptable to work in all aspects of Exercise Physiology/Physiotherapy care.
- Current Victorian Driver's License with the ability to travel after hours when required.

About us: Swan Hill District Health is a 143 bed (including Aged Care), fully integrated rural public health facility servicing a greater community of around 35,000 people. Our vision at, Swan Hill District Health, is to provide clear, connected care, best experience for our community

SHDH is a compassionate, family friendly employer where every employee is a valued team member.

Inclusive of a perfect work/life balance, SHDH also provides:

- ◆ A dynamic workplace
- ◆ Free onsite car parking
- ◆ Salary Sacrifice/Packaging
- ◆ Discounted Corporate gym memberships
- ◆ Professional Development opportunities
- ◆ Employee Assistance Program

To apply for this position, email the completed Application for Employment form, Cover letter, CV and response to the key selection criteria to employment@shdh.org.au. You will find the full position description containing the key selection criteria & application for employment form in the attached documents. Swan Hill District Health reserves the right to commence interview immediately upon receipt of applications.

Enquiries about this role should be directed to Luke Phelan, Clinical Lead Exercise Physiologist via email lphelan@shdh.org.au or phone (03) 5033 9390.

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Swan Hill District Health is an equal opportunity employer committed to diversity and inclusion. We welcome applications from Aboriginal and Torres Strait Islander people, people with diverse cultural and linguistic backgrounds and people with disability.



Position:	EXERCISE PHYSIOLOGIST
Classification:	EXERCISE PHYS GR 1
Department:	Physiotherapy
Reports to:	Chief Physiotherapist
Position Summary:	The position will involve working within the physiotherapy department with an active role in education, exercise and rehabilitation intervention for a variety of hospital and community based clients.
Responsibilities:	<p>Clinical</p> <ul style="list-style-type: none"> • Provide client focused initial consultations and therapy sessions. Establishing treatment goals and implement techniques by which these goals shall be met in clinical practice. Providing exercise advice and writing reports for patients and doctors. • Participate in interdisciplinary care planning meetings to optimise client outcome. • Assess, prescribe and implement exercise, mobility and rehabilitation programs to various individual clients and therapy groups – primarily through the Community Rehabilitation Centre, Transitional Care Program, Community Health Service and Primary Health Network. • To, establish treatment goals and implement techniques by which these goals shall be met in clinical practice • Facilitate the smooth transition of clients through the health care system, liaising with relevant staff and community agencies to ensure continuity of care for individual clients and their families. • Provision of health promotion activities and group planning as required. Involvement in departmental and SHDH activities as directed by Physiotherapy Department Head. • Observe and reports changes in client condition to the treating therapist and appropriately document such changes in the patients’ medical record. • Maintain a clean and tidy work environment and treatment area. • Ensure all clinical activity undertaken fulfils or exceeds the competency standards of the profession, as per ESSA’s code of professional conduct and ethical practice. • To be flexible and rotate through different service areas as directed by the department head. The position may involve change in duties and work role, as demand on services and staff changes occur. Hour allocation will be determined by Chief Physiotherapist. <p>Administrative</p> <ul style="list-style-type: none"> • Participate in departmental and service meetings as required, to facilitate communication and decision making skills, and to ensure holistic client management and service provision. • Record accurate and timely workload data to assist with statistics and departmental reporting requirements. • Participate in in-service and continuing education programs. • Assist in the supervision of Physiotherapy and Exercise Physiology students. • Participate in departmental quality improvement programs and the wider organisation accreditation activities as required.

	<p>Communication</p> <ul style="list-style-type: none"> Maintain timely, effective and professional oral and written communication at all levels within SHDH and with external professionals and agencies as required.
Key Selection Criteria:	<ul style="list-style-type: none"> Hold a Bachelor of Exercise and Sport Science or Masters of Clinical Exercise Physiology or equivalent from a recognised university or college institution. Current Exercise and Sport Science Australia (ESSA) accreditation. Strong interpersonal, and written, communication and organisational skills, including the ability to ensure client comfort and confidentiality. Demonstrate clinical skills in exercise physiology practice, including assessment and provision of appropriate exercise programs to people with various health conditions, inpatient and community based. Ability to work unsupervised and within a multi-disciplinary team, with a variety of community members. Experience and confidence in a group environment, attentive and proactive To be flexible and adaptable to work in all aspects of exercise physiology/physiotherapy care. Current Victorian Drivers License with the ability to travel after hours when required. Current National Police Check NDIS Worker Screening Check. Evidence of immunisation records/history as part of the Health Services Act 1988, 2020 Amendment (Mandatory Vaccination of Healthcare Workers), through either documentation or copy of serology report. It is required that there is immunization for all vaccine preventable illnesses. <p>Desirable:</p> <ul style="list-style-type: none"> A good knowledge of quality improvement and the public hospital system Ability to work independently and with initiative Experience in public speaking and providing group education Current First Aid certificate <p>Qualifications/Skills Experience/Competencies:</p> <ul style="list-style-type: none"> Bachelor of Exercise and Sport Science or Masters of Clinical Exercise Physiology or equivalent. Candidates must be ESSA accredited Must be able to obtain a Medicare Provider number for SHDH site/s as required and commit to the contracted 100% donation model of MBS revenue to SHDH
Salary/Award:	Salary in accordance with Allied Health Professionals (Victorian Public Health Sector) <i>Single Interest Enterprise Agreement 2021-2024</i> . Hours of duty as negotiated.
Infection Control:	<ul style="list-style-type: none"> Each staff member has a responsibility to minimize exposure to incidents of infection/cross infection of residents, staff, visitors and the general public. The risk minimization strategies are to be supported by all staff adhering to the Infection Control Manual policies, procedures and guidelines.
Continuous Quality Improvement:	<ul style="list-style-type: none"> Each staff member is expected to demonstrate a commitment to best practice. All staff shall take responsibility for their own practice and share responsibility for creating and maintaining a system that provides safe,

	<p>high quality health care.</p> <ul style="list-style-type: none"> • All staff will participate in quality improvement activities aimed at improving patient outcomes and maintaining accreditation standards. • It is the responsibility of every staff member to be familiar with Health Service-wide and specific Department Policies & Protocols
Person Centered Care:	<p>The Health Service supports in its values the philosophy of Person Centered Care to ensure all people, including health service providers, clients, their carers and family members are respectfully cared for and encouraged to participate in the provision of quality health care.</p> <p>We recognise diversity is part of every person & as such providers of health care must be actively involved in developing models of care that are person centered.</p>
Child Safety:	<p>All children have the right to feel and be safe. Keeping children safe is everyone's responsibility. SHDH is committed to providing a child safe environment where children are safe and feel safe, and where their voices are heard about the decisions that affect them.</p> <p>SHDH have zero tolerance to child abuse.</p> <p>Each employee has a responsibility to adhere to this requirement. Any breach of this standard will result in disciplinary action.</p>
Our Purpose:	<p>Connected Care / Best Experience</p> <p>SHDH commits to meet the growing health care needs of our community through our new vision to provide better connected care and to achieve the best care experience.</p>
Privacy and Confidentiality:	<p>SHDH are committed to protecting patient and staff privacy and confidentiality, as it is an important aspect of our commitment to providing high quality services. In accordance to both the Health Records Act and the Information Privacy Act, information should only be used and disclosed for the primary purpose of its collection.</p> <p>Each employee has a responsibility to adhere to SHDH's Privacy and Confidentiality Policy, as it is a condition of employment. Any breach of the rules of privacy and/or confidentiality relating to health service business, patients or medical records will result in disciplinary action.</p>
Mandatory Training:	<p>All employees must be aware of and complete designated mandatory training within the required time frame.</p>
Safety:	<p>RESPONSIBILITIES: It is the responsibility of every staff member to:</p> <ul style="list-style-type: none"> • Take reasonable care for their safety and the safety of others while at work. • Report accidents, incidents and potential hazards as soon as reasonably practicable to their supervisor and record on VHIMS reporting system. • Advise their supervisor if they have an injury or illness that may affect their ability to perform the inherent requirements of their position. • Be familiar with emergency and evacuation procedures as detailed in the Emergency Procedures Manual. • Complete all Mandatory training requirements as identified and directed. • Comply with the Occupational Health and Safety Act and all SHDH O.H. & S. online Policies and Procedures.
Asset Management:	<p>Staff with asset management responsibilities are required to adhere to the Asset Management Policy and Protocols.</p>

Review:	Completion of My Work Plan on a yearly basis.
Previous Revision dates:	April 2021, March 2022
Current:	Dec 2022
Managers Name:	Emma Pay
Managers Signature:	
Employees Name:	
Employees Signature:	

Position:	EXERCISE PHYSIOLOGIST
Classification:	EXERCISE PHYS G2
Department:	Physiotherapy
Reports to:	Physiotherapy Manager
Position Summary:	The position will involve working within the physiotherapy department with an active role in education, exercise and rehabilitation intervention for a variety of hospital and community based clients.
Responsibilities:	<p>Clinical</p> <ul style="list-style-type: none"> • Provide client focused initial consultations and therapy sessions. Establishing treatment goals and implement techniques by which these goals shall be met in clinical practice. Providing exercise advice and writing reports for patients and doctors. • Participate in interdisciplinary care planning meetings to optimise client outcome. • Assess, prescribe and implement exercise, mobility and rehabilitation programs to various individual clients and therapy groups – primarily through the Community Rehabilitation Centre, Transitional Care Program, Community Health Service and Primary Health Network. • Facilitate the transition of clients through the health care system, liaising with relevant staff and community agencies to ensure continuity of care for individual clients and their families. • Provision of health promotion activities and group planning as required. Involvement in departmental and SHDH activities as directed by Physiotherapy Manager. • Observe and reports changes in client condition to the treating therapist and appropriately document such changes in the patients' medical record. • Maintain a clean and tidy work environment and treatment area. • Ensure all clinical activity undertaken fulfils or exceeds the competency standards of the profession, as per ESSA's code of professional conduct and ethical practice. • To be flexible and rotate through different service areas as directed by the department head. The position may involve change in duties and work role, as demand on services and staff changes occur. Hour allocation will be determined by the Physiotherapy Manager. <p>Administrative</p> <ul style="list-style-type: none"> • Participate in departmental and service meetings as required, to facilitate communication and decision making skills, and to ensure holistic client management and service provision. • Record accurate and timely workload data to assist with statistics and departmental reporting requirements. • Participate in in-service and continuing education programs. • Coordinate the supervision of Exercise Physiology students. • Supervise Grade 1 Exercise Physiologists, Physiotherapy and Exercise Physiology students and contribute to the wider physiotherapy departmental supervision structure. • Proactively participate in departmental quality improvement programs and the wider organisation accreditation activities as required.

	<p>Communication</p> <ul style="list-style-type: none"> • Maintain timely, effective and professional oral and written communication at all levels within SHDH and with external professionals and agencies as required.
Key Selection Criteria:	<ul style="list-style-type: none"> • Hold a Bachelor of Exercise and Sport Science or Masters of Clinical Exercise Physiology or equivalent from a recognised university or college institution. • Current Exercise and Sport Science Australia (ESSA) accreditation. • Strong interpersonal, and written, communication and organisational skills, including the ability to ensure client comfort and confidentiality. • Demonstrate clinical skills in exercise physiology practice, including assessment and provision of appropriate exercise programs to people with various health conditions, inpatient and community based. • Ability to work unsupervised and show leadership within a multi-disciplinary team, with a variety of community members. • Experience and confidence in a group environment, attentive and proactive. • Ability to support, develop and supervise Exercise Physiology students. • To be flexible and adaptable to work in all aspects of exercise physiology/physiotherapy care. • Current Victorian Drivers License with the ability to travel after hours when required. • Current National Police Check. • NDIS Worker Screening Check. • Evidence of immunisation records/history as part of the Health Services Act 1988, 2020 Amendment (Mandatory Vaccination of Healthcare Workers), through either documentation or copy of serology report. It is required that there is immunisation for all vaccine preventable illnesses. <p>Desirable:</p> <ul style="list-style-type: none"> • A good knowledge of quality improvement and the public hospital system. • Ability to work independently and with initiative to ensure effective case management. • Experience in public speaking and providing group education • Current First Aid certificate. <p>Qualifications/Skills Experience/Competencies:</p> <ul style="list-style-type: none"> • Bachelor of Exercise and Sport Science or Masters of Clinical Exercise Physiology or equivalent. • Candidates must be ESSA accredited and must be able to obtain a Medicare Provider number for SHDH site/s as required and commit to the contracted 100% donation model of MBS revenue to SHDH.
Salary/Award:	Salary in accordance with Allied Health Professionals (Victorian Public Health Sector) <i>Single Interest Enterprise Agreement 2021-2026</i> .
Infection Control:	<ul style="list-style-type: none"> • Each staff member has a responsibility to minimise exposure to incidents of infection/cross infection of residents, staff, visitors and the general public. • The risk minimisation strategies are to be supported by all staff adhering to the Infection Control Manual policies, procedures and guidelines.
Continuous Quality Improvement:	<ul style="list-style-type: none"> • Each staff member is expected to demonstrate a commitment to best practice.

	<ul style="list-style-type: none"> • All staff shall take responsibility for their own practice and share responsibility for creating and maintaining a system that provides safe, high quality health care. • All staff will participate in quality improvement activities aimed at improving patient outcomes and maintaining accreditation standards. • It is the responsibility of every staff member to be familiar with Health Service-wide and specific Department Policies & Protocols
Person Centered Care:	<p>The Health Service supports in its values the philosophy of Person Centered Care to ensure all people, including health service providers, clients, their carers and family members are respectfully cared for and encouraged to participate in the provision of quality health care.</p> <p>We recognise diversity is part of every person & as such providers of health care must be actively involved in developing models of care that are person centered</p>
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Safety:	<p>RESPONSIBILITIES: It is the responsibility of every staff member to:</p> <ul style="list-style-type: none"> • Take reasonable care for their safety and the safety of others while at work. • Report accidents, incidents and potential hazards as soon as reasonably practicable to their supervisor and record on VHIMS reporting system. • Advise their supervisor if they have an injury or illness that may affect their ability to perform the inherent requirements of their position. • Be familiar with emergency and evacuation procedures as detailed in the Emergency Procedures Manual. • Complete all Mandatory training requirements as identified and directed. • Comply with the Occupational Health and Safety Act and all SHDH

	O.H. & S. online Policies and Procedures.
Asset Management:	Staff with asset management responsibilities are required to adhere to the Asset Management Policy and Protocols.
Review:	Completion of My Work Plan on a yearly basis.
Previous Revision dates:	Oct 2017, May 18, Nov 2018, Apr 2021
Current:	Dec 2022
Managers Name:	
Managers Signature:	
Employees Name:	
Employees Signature:	



The Application for Employment form is required to be submitted with the following documents:

- Covering letter in support of application
- Response to Key Selection Criteria
- Applicants Curriculum Vitae

Position Applying for	
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General Information

Name			
Address			
Contact	<u>Home phone</u>	<u>Mobile</u>	<u>Email</u>

Are you of Aboriginal/Torres Strait Islander Origin? No Aboriginal Torres Strait Islander
(This question is voluntary)

Do you wish to be identified under this category? Yes No

Are you an Australian Citizen or Permanent Resident: Yes No Date of Grant/...../.....

If no, what is your current Visa Status – Visa type _____ Expiry date/...../.....

Place/Country of issue: _____ Issue Number: _____

Do you require sponsorship? Yes No

Conditions of Employment

Employment conditions are governed by the relevant Public Sector Health Industry Awards and EBAs relevant to the position applied for:

Initial employment is subject to:

- 6 months' probationary period (*with a review at 3 months.*)
- Requirement to work any shift
- Requirement to work in any department as required

Hours of Work – _____ (Availability)

Discipline/Misconduct

Have you experienced discipline or misconduct action at any previous employment? Yes No

If **Yes**, please provide details:

Police and Working with Children Checks

Satisfactory Police Checks, and in some areas, Working with Children Checks are mandatory at the point of employment.

If you have a current Police Check and/or Working with Children Check, please show the check identifying numbers and the date of issue: _____

Upon engagement, you will be required to provide the necessary information to complete a Check. Please note that it is a condition of employment that you maintain a current satisfactory Police Check and, if required, Working with Children Check.

Pre-existing Health and Injury Declaration

Swan Hill District Health (SHDH) is committed to achieving a safe working environment for all employees. As part of this, it is our objective to ensure potential employees are not required to work in duties that they are not able to perform safely. As part of the application process for employment with SHDH, we request you to disclose any pre-existing injury or disease which may be adversely affected by the performance of the inherent requirements of the position you have applied for – as described in the Position Description for the position.

Pursuant to S.41 (1) and (2) of the *Workplace Injury Rehabilitation and Compensation Act 2013*, you are required to disclose to SHDH any pre-existing injury or disease that you have suffered of which you are aware, and could reasonably be expected to foresee, could be affected by the nature of this proposed employment.

Failure to make a disclosure, or the making of a false or misleading disclosure, would disentitle you to compensation pursuant to the *Workplace Injury Rehabilitation and Compensation Act 2013* should you suffer any reoccurrence, aggravation, acceleration, exacerbation or deterioration of your pre-existing injury or disease arising out of, or in the course of, or due to the nature of with SHDH. SHDH will rely upon any failure to disclose in accordance with the provisions of the *Workplace Injury Rehabilitation and Compensation Act 2013* as grounds for denying compensation in accordance with S.41 (1) and (2).

Should any alteration, change or rearrangement be necessary to enable you to carry out the inherent requirements of the position, we also request that you disclose these requirements. SHDH is an equal opportunity employer and will arrange any reasonable adjustment to enable a person with a disability to perform the inherent requirements of the position and therefore compete equally with other applicants for this position. Please disclose in the place below any pre-existing injury or diseases that you suffer from, or have suffered from, which could be affected by the nature of your proposed employment with Swan Hill District Health.

Disclosure advice: - (to be completed by the applicant)

I confirm that I have read and understood the contents of the above information and state that I have disclosed all relevant information in relation to my health and physical ability to carry out the inherent requirements of this position.

Signature of applicant: _____ **Date:**/...../.....

NOTE: If providing this form electronically, you accept that the information is true and correct by the action of submitting the form. You will be requested to sign the printed version at your interview if you are selected.

Enquiries:

Email address: employment@shdh.org.au

Phone: 03 50339315

Postal Address: PO Box 483 SWAN HILL VIC 3585