

WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Cream of Tomato	Cream of Pumpkin	Chicken Broth	Lentil	Minestrone	Vegetable Broth	Beef & Vegetable
Main Course	Corned Silverside & White Sauce	Roast Beef & Gravy	Roast Lamb & Gravy	BBQ	Battered Fish	Roast Pork with Gravy & Apple Sauce	Beef Rissoles & Gravy
Starch	Mashed Potato	Roast Potato	Roast Potato	-	Chips	Roast Potatoes	Mashed Potato
Sweets	Fruit & Ice Cream	Pavlova, Berries & Cream	Chocolate Milk Jelly	Apple Slice & Cream	Wine Trifle & Cream	Chocolate Panna Cotta & Cream	Strawberry Mousse & Cream
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup	Cream of Pumpkin	Chicken Broth	Lentil	Minestrone	Vegetable Broth	Beef & Vegetable	Cream of Tomato
Main Course	Egg & Bacon Pie	Pasta Bolognaise	Steamed Fish with Lemon Sauce	Finger Food	Apricot Chicken	Vegetable Lasagne	Scrambled Egg on Toast
Starch	Mashed Potato	Mashed Potato	Mashed Potato	Chips	Mashed Potato	Mashed Potato	Mashed Potato
Sweets	Stewed Apple & Custard	Lemon Delicious & Cream	Fruit & Ice Cream	Bread & Butter Pudding	Triple Swirl Ice Cream	Jellied Two Fruits & Cream	Fruit & Custard



WEEK TWO

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Cream of Tomato	Cream of Pumpkin	Chicken Broth	Lentil	Minestrone	Vegetable Broth	Beef & Vegetable
Main Course	Roast Lamb & Gravy	Resident's Choice	Shepherds Pie	Haricot Steak	Crumbed Fish	Pork in Plum Sauce	Roast Turkey with Gravy & Cranberry Sauce
Starch	Roast Potatoes	Resident's Choice	Mashed Potato	Mashed Potato	Chips	Mashed Potato	Roast Potatoes
Sweets	Fruit Salad and Ice Cream	Resident's Choice	Carrot Cake & Cream	Banana Milk Jelly & Cream	Vanilla Panna Cotta & Cream	Chocolate Mousse & Cream	Mixed Berry Cheesecake & Cream
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup	Cream of Pumpkin	Chicken Broth	Lentil	Minestrone	Vegetable Broth	Beef & Vegetable	Cream of Tomato
Main Course	Chicken Supreme	Homemade Sausage Rolls	Lemon Pepper Grilled Fish	Vegetable Burger & White Sauce	Vegetable Quiche	Hamburgers & Gravy	Chicken Schnitzel & Gravy
Starch	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	Chips
Sweets	Peach Crumble & Custard	Jellied Two Fruits & Cream	Apple Crumble & Custard	Orange Cake & Cream	Boysenberry Ice Cream	Apple Danish & Custard	Fruit & Custard



WEEK THREE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Cream of Tomato	Cream of Pumpkin	Chicken Broth	Lentil	Minestrone	Vegetable Broth	Beef & Vegetable
Main Course	Irish Stew	Honey Soy Chicken	Corned Silverside & Mustard Sauce	Braised Sausages & Onion Gravy	Homemade Beef & Gravy Pie	Roast Beef & Gravy	Roast Turkey with Gravy & Cranberry Sauce
Starch	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	Chips	Roast Potatoes	Roast Potatoes
Sweets	Peaches & Ice Cream	Steamed Orange Pudding	Jellied Two Fruits & Cream	Apple Slice & Custard	Berry Milk Jelly & Cream	Citrus Mousse	Fruit & Custard
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup	Cream of Pumpkin	Chicken Broth	Lentil	Minestrone	Vegetable Broth	Beef & Vegetable	Cream of Tomato
Main Course	Tomato, Bacon & Toast	Fish Strips	Meatloaf and Tomato Gravy	Vegetable Quiche	Satay Chicken	Pasta Bolognaise	Spaghetti or Baked Beans on Toast
Starch	Mashed Potato	Chips	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato
Sweets	Apple & Date Crumble & Custard	Pavlova, Berries & Cream	Lemon Delicious & Ice Cream	Fruit & Ice Cream	Sticky Date Pudding & Custard	Banana Custard & Cream	Peach & Mango Cheesecake & Cream



WEEK FOUR

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup	Cream of Tomato	Cream of Pumpkin	Chicken Broth	Lentil	Minestrone	Vegetable Broth	Beef & Vegetable
Main Course	Salmon Patties	Curried Lamb	Roast Beef & Gravy	Zucchini Slice	Crumbed Fish	Chop Suey	Roast Chicken & Gravy
Starch	Mashed Potato	Mashed Potato	Roast Potato	Mashed Potato	Chips	Mashed Potato	Roast Potato
Sweets	Fruit & Yoghurt	Banana Custard & Cream	Pavlova, Berries & Cream	Spearmint Milk Jelly	Fruit & Custard	Banana Cake & Cream	Vanilla Panna Cotta & Cream
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup	Cream of Pumpkin	Chicken Broth	Lentil	Minestrone	Vegetable Broth	Beef & Vegetable	Cream of Tomato
Main Course	Sausages with Onion Gravy	Porcupine Balls in Tomato Sauce	Homemade Pasties	Chicken Casserole	Toasted Sandwiches	Poached Fish & Mornay Sauce	Cocktail Sav's with Bread
Starch	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato	Mashed Potato
Sweets	Mixed Berry Mousse & Cream	Chocolate Cake & Cream	Trifle & Cream	Golden Syrup Dumplings & Cream	Boysenberry Ice Cream	Apple Danish & Custard	Tiramisu & Cream