

Is there any cost?

There is no cost for the **HARP** program.

However, you may incur fees if you require aids or equipment, or if the HARP program transfers your care to other services that charge fees.

This will be discussed with you prior.

How do I get a referral?

You can be referred to HARP by:

- Any healthcare worker you are involved with (at the hospital or in the community)
- Your GP
- Your family or friends

OR

- You can even refer yourself

PROTECTING YOUR PRIVACY

Our staff are committed to respecting your confidentiality and preserving your privacy. We will keep your personal information secure and protected from unauthorized access or improper use, and we will only disclose information about you if it is authorised by you or mandated by law.

All our services comply with the relevant information and privacy legislation.

FOR MORE INFORMATION CONTACT:

Department | Community Rehabilitation Centre

Address: 58 McCrae Street, Swan Hill

Phone: (03) 5033 9321

Email: crc@shdh.org.au

Web: www.shdh.org.au



Reaching the Community



HARP

Hospital Admission Risk Program

HARP—*Working with you*
Client-centred
Self Management
Caring Support

Do you or anyone you know have a chronic disease?

These may include :

- Diabetes
- Lung conditions
(e.g. COPD, Asthma, Emphysema)
- Heart conditions
(e.g. Chronic heart disease)
- Complex health care needs

Are you overwhelmed with multiple medical appointments or have had unplanned admissions to hospital as a result of your chronic disease?

We may be able to help.....



You may be eligible for our **Hospital Admission Risk Program (HARP)**. This is a no-cost, community support program based at Swan Hill District Health.

HARP aims to improve the health experience and quality of life for people who are living with chronic and/or complex health issues.

Care is provided by Care Coordinators who have a nursing or other health related qualifications. Support can be provided via home visits or by telephone.

What can HARP do for me?

Your Care Coordinator will undertake a thorough assessment to determine your needs, and will work with you to create a 'care plan' that clearly describes the services that would benefit you.

HARP can help by:

- Providing education to help you manage your condition and/or medications
- Coordinating appointments with specialists, GPs, and other health professionals
- Providing emotional support
- Linking you in with support and community health services
- Assist in preventing unplanned hospital admissions

