



Surname:

UR No:



Given Name:

DOB:

Sex:

(use label if available)

# This is my Hospital Passport

If I have to go to hospital, this book needs to go with me. It gives hospital staff important information about me.

It should be kept by my bed and a copy should be put in my file.



Nursing and medical staff please look at my passport before you do any interventions with me.



Name:



Date of birth:



Address:



Language/culture:  
Interpreter required:

Completed with:

This Hospital Passport is based on original work by South West London Access to Acute Group and Gloucester Partnership NHS Trust.



The Hospital Passport was completed on (dd/mm/yyyy):

Review date:



Contact 1:

Relationship (e.g. mother, sibling, spouse):

Contact information (Phone, address and email):

Contact 2:

Relationship (e.g. LAC, physio, Support Coordinator):

Contact information (Phone, address and email):

Please discuss my treatment and decisions with (name, relationship and phone number):



My GP:

Contact information: Address, phone number

Other people involved in my care: (e.g. NDIS Local Area Coordinator, Support Coordinator, Physiotherapist, Doctors and Specialists. - include Name, role, where they work, and contact details)



I identify as:

Aboriginal  Torres Strait Islander  Prefer not to say  Neither

Please refer me to the Aboriginal Hospital Liaison Officer



Allergies:



Summary of current condition and past medical history: (including details on disability, when diagnosed, impact of disability on daily life and details of previous operations)

Name:

DOB:

Gender:



**Medication summary:** List current medications and amount to be taken



**What I do when I am anxious:** (e.g. What can lead to anxiety? Is it bright lights, noise, crowds, being touched? What behaviours are shown during times of stress etc.)

**How you can help when I am anxious:** what helps you calm down? (eg: ipad, music, familiar people with you, talk about things I like)



**How to communicate with me:** (e.g: pictures, speaking, communication board, Auslan (sign language))

Name:

DOB:

Gender:



**How to give medical care:** (e.g. when taking blood pressure or giving injections are distractions needed?  
What helps to keep you calm?)



**How I take medication:** (e.g. tablets crushed, take tablets with certain food or drink)



**How you know if I'm in pain:** (e.g. makes sounds, makes faces, say a certain word, points to sore area, or behaviours getting worse)



**How I move around:** (eg: wheelchair, walking aid, watching closely to stop falls, getting out of bed or chair on their own or with hoist)



**How to help me with personal care:** (e.g. needs help with showering or bathing, help with teeth, dressing, brushing hair- is there a routine followed or areas disliked?)

Name:

DOB:

Gender:



**My sight and hearing:** (e.g: any issues with eyes or ears. Needs extra time to do daily tasks due to these issues?)



**How I eat:** (e.g. type of diet, tube feeding, needing meals set up, uses special plate or crockery, eats only certain foods or certain colour foods)



**How I drink:** (e.g. normal or thickened fluids, type of cup, level of help needed to hold cup or pour drinks)



**How to keep me safe:** (e.g. bed rails to ensure safe in bed, needs watching all the time or at certain times. What helps you have calm behaviours?)



**How I use the toilet:** (e.g. walk to toilet, needing commode or hoist, continence aids, level of help needed, and are reminders needed or toilet routine set up?)



**How I sleep:** (e.g. special mattress, medication to help sleep, better sleeping position, routine for sleep, need turning in bed during night, waking habits)

Name:

DOB:

Gender:

# My likes and dislikes

Things I like:



e.g: Hobbies, TV shows, iPad games, toys, music, certain topics to talk about, certain things he/ she likes to do to remain calm?

Things I don't like:



e.g: get upset or sad when there is a lot of noise or too crowded, having medical tests, being rushed, not knowing what's happening



**My normal day:** (e.g. routines on normal day. What groups or programs are done in the community including therapy appointments and social outings)

Name:

DOB:

Gender:



# Getting ready for discharge

**During your hospital stay, the doctors and staff will work with you to plan for your discharge. You, your family and caregivers are important members of the planning team. It is good for you to ask questions and get as much information as you can before you leave hospital. You can use this page as a guide to help get ready for discharge.**

## **Your health:**

Ask your doctors and nurses about:

- Your health condition and what you can do to help yourself get better
- Problems to watch out for and what to do about them. This may include possible reasons why you might need to come back to hospital or to see your GP. Make sure you have a phone number to call in case you have any problems
- Any follow up appointments that you have booked or if you need to make an appointment with your GP
- Any special care instructions, such as changing dressings. Ask the nurse to show you and your caregiver how to do these tasks.
- If you are being discharged and you do not feel well enough, ask the nurse if you can talk about your concerns. The doctor or Nurse Unit Manager can talk to you about your concerns.

## **Your medications:**

- Ask your doctor if there have been any changes to your medications. Make sure you have a copy of your updated medication list.
- A hospital pharmacist should visit you before you go home. Talk to the pharmacist about your medications. Ask when and how you should take your medications and any possible side effects.
- You may need to ask the pharmacist to send your medication list to your chemist.

## **Your support:**

Ask your nurse and care team:

- What referrals were made to any community services, specialists or other health services
- About any equipment you might need to keep you safe
- About any help you might need with day to day tasks like showering
- If there is any special diet you need to follow
- About talking to a Social Worker if you are feeling worried about leaving hospital. You can talk about how you are coping with your health and wellbeing.