Our Groups

Monday

Active Ageing—9-11am OR 10am-12pm

Men's Shed—9am-1pm

Tuesday

Art Group—9.15am-1pm (Seniors Centre)

Forget Me Nots —9.30am-1pm

Wednesday

Crafties—9am-1pm

Bingo Italiano / Carte Italiane—1.30-4pm (alternates fortnightly)

Afghan Men's—4-6.30pm (Uniting Church)

Thursday

OPALS– 10am-2pm

Friday

Garden Club—9.30-11.30am

Gamers —12.30-3pm

Outings

We offer regular outings to various venues at reasonable prices

Come for a **free trial attendance** or ask us about a referral through My Aged Care.

Cost:

Varies depending on referral and funding eligibility.

- Commonwealth Home Support Program: no hourly charge
- Home Care Package: from $24 p/hr +GST
- Lunch $12 (for two-course meal)
- Morning/ Afternoon Tea $4

FOR MORE INFORMATION CONTACT:

Department | Social Support Groups

Address: 98-100 Gray St, Swan Hill

Phone: (03) 5033 9359 or (0427) 840 217

Email: socialsupport@shdh.org.au

Web: www.shdh.org.au

Swan Hill District Health
Connected Care. Best Experience.

Social Support Groups

Neighbourhood House, Swan Hill

Swan Hill District Health
Connected Care. Best Experience.

What We Offer

Social Support Groups are a service that provides its members with recreational and social support. Members enjoy a variety of activities and puzzles tailored to suit their interests and hobbies, and allows them to connect with others in the community.

We celebrate fun activities, special theme days, music and regular outings, which encourage social interactions and fosters friendships.

What Our Members Say

"I especially enjoy the sense of community at Social Support"

"It's about getting away from everything else

"All the staff cannot do enough for me. I get smiles as I walk in the door"

"It's a friendly place"

" It's a chance for me to explore ideas that had been forgotten about"

"I feel lost if I miss the group"

"It's a way for me to keep in touch with different parts of the community"

Details

When:

We have various groups available Monday to Friday

Where:

Neighbourhood House
98-100 Gray St, Swan Hill,

As well as other community locations

Who:

Seniors who want to interact with others in the community.