

Potential Areas Covered

- Feeding
- Communication/talking
- Mobility (i.e. crawling/walking)
- Appropriate play skills
- Social/emotional skills
- Tummy time
- Fine motor skills (i.e use of hands)
- Developmental milestones (i.e. sitting and rolling)
- Home environment set up
- Functional positioning for children



Staff Involved

Occupational Therapist

Physiotherapist

Speech Pathologist

Cost

There is no cost associated with any prematurity clinic sessions

How to Refer

Family - Call number provided or come see our friendly staff at the Allied Health department

SHDH Staff - MR 78 referral form sent to Allied Health department with D.O.B and gestational age

Health Professionals - send referrals with gestational age by fax or to address provided with attention 'Allied Health Physiotherapy'

FOR MORE INFORMATION CONTACT:

Physiotherapy- Swan Hill District Health

Phone: (03) 5033 9390

Address: 48 Splatt Street, Swan Hill

Fax: 5033 9389



Allied Health Prematurity Clinic

What is the Prematurity Clinic?

The prematurity clinic is an allied health led service providing a multidisciplinary screening clinic for babies/children born prematurely (babies who were born before their expected due date).

The clinic involves expertise screening and assessment of children from multiple allied health professionals, including; speech pathology, occupational therapy, and physiotherapy. The purpose of the clinic is to screen age-appropriate milestones up to school age, provide age-appropriate advice and education for clients and their families, and provide multi-disciplinary management of allied health related conditions if required.



Is My Child Eligible?

The eligibility for individuals to attend the clinic includes:

- Infants or children born less than 36 weeks gestation
- Children currently under the age of 4 years
- Infants or children born with complications, causing prolonged hospital admission during infancy
- Infants or children not eligible for or accessing alternative Early Intervention services
- Infants or children who may or may not have a developmental diagnosis

If you are unsure on your child's eligibility please feel free to contact staff on the phone number provided.



What To Expect From the Clinic

Initial appointments will run for up to one hour and will involve observational play assessment; discussion with you about your child's birth/developmental history; and functional based physical assessment. Three allied health staff will be present at the initial appointment to assess varying aspects of your child's development.

Following your child's initial screening, our allied health team will determine if your child requires further one on one sessions with an allied health practitioner, or if ongoing multidisciplinary screening in future prematurity clinics will be more suitable. We can also help to facilitate referrals to an alternative service if required.

